

COLDPRESSED JUICE

8 ounce 7 / 16 ounce 12

We coldpress daily and are committed to using only local and organic ingredients which may vary due to seasonal availability.

THRIVE

natural antibiotic, potent immune enhancer
spinach, kale, cucumber, parsley, celery, garlic, ginger, lemon, cayenne

CLEAN

anti-cancer, strengthens bones, detoxifying
kale, romaine, cucumber, parsley, celery, lemon

SWEET CLEAN

same as the clean but sweetened with a little bit of apple

KALE YEAH

boosts brain health, anti-cancer, improves circulation
kale, cucumber, apple, lime

SKIN GLOW

encourages collagen production, balances electrolytes, hydrates
cucumber, apple, lime, ginger, mint

IMMUNITY

strengthens immune system, alkalizing, anti-inflammatory
lemon, purified water, green apple, ginger

SYNERGY

boosts metabolism, supports healthy immune system
grapefruit, ginger, mint

LONGEVITY

increases energy, supports liver, improves blood flow
beetroot, cucumber, apple, lemon, ginger

TUMMY LOVE

probiotic, relieves tummy upset, reduces inflammation, aids digestion
purple cabbage, apple, celery, lime, ginger

VISIONARY

improves eyesight, regulates blood sugar, anti-cancer properties
carrot, apple, lemon, lime, ginger, mint

SHOTS

TURMERIC GINGER SUPERSHOT 4 oz 5 / 6

lemon, ginger, turmeric, cayenne. with or without e3 live brain-on

FIRE CIDER 2 oz 3.50

NUT MILK

8 ounce 7 / 16 ounce 12

BE CALM

encourages relaxation, essential fats, relieves constipation
almonds, cinnamon, vanilla, himalayan salt, date

MOCHA

boosts energy, burns fat, improves performance
almonds, cacao, coldpressed DOMA coffee, himalayan salt, date

CASHEW CHAI

strengthens bones, boosts energy, supports protein synthesis
cashews, cacao, clove, cardamom, cinnamon, ginger, date

SEXY MACA

hormone balancing, aphrodisiac
almonds, cacao, maca, himalayan salt, date

COCOCHATA

loaded with electrolytes, restores hydration, altitude adjustment
almonds, coconut water, cinnamon

TURMERIC TONIC

supports joints, essential fats, liver supportive, anti-inflammatory
almonds, turmeric, cinnamon, cardamom, himalayan salt, date

GODDESS

maximum and complete nutrition, probiotic
almonds, vanilla, healthforce vitamineral green & earth superfoods, himalayan salt, date

MEMBERSHIPS

invest in your health and we reward you with nourishment for your body and free money!

SEED

load your healthy being membership card with 200, we reward you with 10 (5% ROI)

SPROUT

load your healthy being membership card with 500, we reward you with 50 (10% ROI)

HARVEST

load your healthy being membership card with 1000, we reward you with 120 (12% ROI)

HOT DRINKS

HOUSE COFFEE 2.25 | 3.25

ESPRESSO DOUBLE 3

CAFÉ LATTE 4
espresso and steamed milk

CAPPUCINO 4
espresso and steamed milk with foam cap

AMERICANO 3
two shots of espresso and water

MOCHA 4
espresso and our hot cocoa with steamed milk

TURMERIC LATTE 5
turmeric, ginger, cinnamon, cardamom, black pepper with steamed milk

SHERPA CHAI LATTE 4

TEECCINO LATTE 4

HB HOT COCOA 4
dutch process cocoa, coconut sugar, maca, cinnamon, steamed milk

HERBAL TEA 3.25
assorted pukka tea

HOT SPICED CIDER 5
coldpressed apples, oranges, clove, nutmeg, cardamom

MATCHA GREEN TEA LATTE 5
green tea matcha and steamed milk



SMOOTHIES

superfood boosters +1
housemade granola, truly natural vitamin c, chia seeds, raw cacao nibs or powder, maca, goji berries, spinach or kale, berries, yogurt

superfood boosters +2
almond butter, vitamineral earth or green, e3 live brain on, avocado, warrior protein, matcha, wheatgrass, bee pollen

APHRODITE 7

housemade vanilla almond milk, almond butter, banana, maca, date

ZENERGY 8

housemade vanilla almond milk, green tea matcha, almond butter, banana, spinach, date

WILD SIDE 8

housemade vanilla almond milk, almond butter, banana, raw cacao, Doma coldbrewed coffee, date

MINT CHIP 7

almond milk, avocado, raw cacao nibs, raw cacao powder, banana, mint, spinach

GREEN DETOX 10

grapefruit juice, cucumber, lemon, kale, parsley, avocado, ginger, turmeric

BEETNIK 8

almond milk, raw beet, strawberry, goji berries, lemon, ginger

GREEN FLASH 7

pineapple, mango, orange, banana, coconut milk, spinach, cilantro, ginger

ORANGE CRUSH 7

orange, banana, coconut milk, goji berries, lime

CLEANSE & DETOX

periodic cleansing offers an opportunity to rejuvenate your body, reset eating patterns, re-establish healthy habits and refresh your mind and spirit.

1 DAY RESET 50

limited to one per customer per week

detox water, turmeric ginger shot, 2 juices, 2 nut milks

JUST JUICE

give your digestive system a break and allow your body to release toxins and reset to positive eating patterns

3 DAY - 180 5 DAY - 300 ADD DAY - 60
daily: detox water, 4-16oz juices, 1-16oz nut milk

NOURISH

a liquid cleanse that gives you a little more of something to chew on

3 DAY - 150 5 DAY - 250 ADD DAY - 50

daily: detox water, smoothie, 2-16oz coldpressed juices, bowl of soup, 1-16oz nut milk

CLEAN EATING CHALLENGE

a whole food cleanse that we prepare for you. convenient, nourishing, delicious

3 DAY - 120 5 DAY - 200 ADD DAY - 40

daily:

detox water, smoothie, bowl of soup, 1-16oz coldpressed juice, salad/wrap or sandwich

